

NOVEMBER 2025



The MariElders

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marielders.org

November

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From the Director's Desk

This November, we honor Veterans Day and pay tribute to the brave men and women who served our country with courage and dedication. Their sacrifices remind us of the true cost of freedom and the importance of gratitude.

At the same time, MariElders is proud to celebrate 48 years of vibrancy in our community. For nearly five decades, we have been a place of connection, support, and friendship. As we reflect on our history, we also honor the veterans among us who embody strength and resilience. Together, let's celebrate service, sacrifice, and community while reflecting on the generosity of our members and community who continue to contribute to making MariElders the place of connection that we hold dear.

Thank you for your generosity!

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48th Anniversary
Open House

Join us for light bites,
community and fun

November 4th, 2025
1 pm-3 pm



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November BIRTHDAYS

Danny Patton	Nov 2	Pat Auer	Nov 19
Barbara Smith	Nov 3	Mary McMannes	Nov 21
Erin Rothfuss	Nov 8	Marilyn Mendez	Nov 22
Lisa Larkin	Nov 11	Robert Lowery	Nov 22
Janis Mackey	Nov 12	Barb Kiefer	Nov 23
Thale Herschede	Nov 13	Karen Hjelm	Nov 23
Ken White	Nov 14	Judy Shoop	Nov 23
Dee Crabb	Nov 18	Arlene Gamill	Nov 27
Lisa Smith	Nov 18	Van Clay	Nov 29
Hallie Higgins	Nov 18	Nira Shah	Nov 29
Jeff Bischoff	Nov 18		

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Mondays

Balance and Strength w/Diane

11:00am; lower level of MariElders

Improve your agility and reduce your risk of falls in these fabulous Balance & Strength classes with our world-renowned instructor, Diane Sabo! Handheld weights and balls will be used to supplement a variety of exercises that target your leg, core, and upper body muscles. As with all our fitness classes, the first class is always free. Come try it out and see what a difference it makes!

Cost: \$5 per class

Duplicate Bridge

12:30pm; lower level of MariElders

If you are interested in playing Duplicate Bridge, please contact Monica Walker at (434) 282-4963 or email her at andoverconsultants@gmail.com

Canasta

1pm; first floor of MariElders

If you are interested in playing but don't remember how or would like to learn, the group would be happy to share their experience and expertise!

Tuesdays

*Chair Yoga with Helene

12pm; lower level of MariElders

This class, led by certified instructor Helene Everhart, is open for all abilities.

Cost: \$5 per class; first class is free.

***No Chair Yoga on November 4.**

*Mah Jongg

1pm; first floor of MariElders

If you're interested in playing or learning this fun, ancient game of strategy, contact Kelly Pharmer at (513) 831-7309. Call ahead of time to schedule lessons.

***No Mah Jongg on November 4.**

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Wednesdays

Chair Volleyball

10am; RG Cribbet Recreation Center

5903 Hawthorne Ave., Fairfax, OH 45227

Chair Volleyball is the best kind of physical activity--competition with lots of laughs! It is played similarly to volleyball, with the differences being that the game is played with a beach ball on a smaller court, and you only need to get out of your chair to chase down stray balls!

*Balance and Strength with Diane

11:30am; lower level of MariElders

Improving our balance is an important tool in helping prevent falls. Rest assured that this class is not a biology lab! It is an energizing workout that manages to combine exercise and laughter.

Cost: \$5 per class

***No Balance & Strength classes on Nov 19 or 26.**

Mexican Train Dominoes

1pm; first floor of MariElders

The object is for a player to play all the tiles from their hand onto one or more "trains" emanating from a central hub or "station".

Hand and Foot

1pm; first floor of MariElders

Any week you are planning to play, please contact Helen Whitling at (513) 646-3349 so we know how many tables to set up. And if you need a refresher on how to play, this group would be happy to help!

Movies at MariElders

1pm, lower level of MariElders

November 5: *Extremely Wicked, Shockingly Evil and Vile*

108 minutes

A chronicle of the crimes of Ted Bundy from the perspective of Liz, his longtime girlfriend, who refused to believe the truth about him for years. (Lynn's daughter, Sara, was an extra in this movie!)

November 12: *Lone Survivor*

121 minutes

Four Navy SEALs are sent on a covert mission to neutralize a high-level Taliban operative, but are ambushed by enemy forces in the Hindu Kush region of Afghanistan. Based on the nonfiction bestseller by Marcus Luttrell.

November 19: *The Holdovers*

134 minutes

An instructor at a New England prep school remains on campus during Christmas break to babysit the handful of students with nowhere to go. He forms an unlikely bond with one of them, a damaged, brainy troublemaker, and with the school's head cook.

November 26: *Speed*

115 minutes

An L.A.P.D. SWAT team specialist is sent to diffuse a bomb that has been planted on a bus. But until he does, he and the passengers must keep the bus speeding through the streets of Los Angeles at more than 50 miles per hour.

Thursdays

Bingo*10am; lower level of MariElders**

This energetic game is led by our very own Kent State Broadcasting legend Linda Swensson. Don't forget to bring your quarters!

No Bingo on 11/20 or 11/27.**Chair Yoga with Helene****12pm; lower level of MariElders****Cost:** \$5 per class***No Chair Yoga on 11/20 or 11/27.*****Five Crowns****1:00pm; first floor of MariElders**

In this card game, similar to rummy, players try to get the lowest score after 11 rounds.

Five Crowns only on 11/6.**British Murder Mystery****1:30 pm; lower level of MariElders**

Come improve your sleuthing skills while you watch a murder mystery!

No Murder Mystery on 11/20 or 11/27.**MariArtists****3:00pm; first floor of MariElders**

Art enthusiasts at all experience levels meet to learn and practice new techniques and if desired, share their work with others. The classes are held via Zoom, but our members can come into MariElders and participate as a group.

***Zoom only 11/20; no class on 11/27.**

Fridays

Party Bridge*12pm; first floor of MariElders**

If you enjoy Bridge and just want to play for fun, please contact Barb Hampton at (513) 403-3110.

No Party Bridge on 11/28.**Competitive Bridge****12:30pm; first floor of MariElders**

If you enjoy Bridge but take it a bit more seriously, please contact Barb Smith at (513) 546-6015.

No Competitive Bridge on 11/28.*Lunch Bunch****Fridays at 1pm**

Join members as we sample some newer restaurants and visit old favorites! Unless otherwise indicated on the monthly calendar, we leave MariElders at 12:30 pm. Please sign up by the Wednesday before each lunch so we have time to finalize our reservations and plan transportation.

November 7: Fessler's Pizza & Hoagies

November 14: The Patriot Public House

November 21: Covalt Station

November 28: Closed for Thanksgiving

**Melissa M. Bales****Providing Insurance Products for Seniors****513-733-9090 (office)****513-733-0130 (fax)****email: melissa@balesins.com**

You may sign up for these activities starting on Monday, October 20.
Spots are limited on some events so don't delay!

Tuesday, November 4

MariElders Anniversary

Open House

1:00 - 3:00 pm; MariElders

Are you looking to become more involved in local activities, hoping to forge new friendships, or maybe approaching retirement and exploring options for what the next phase of your life will look like?

MariElders offers many options for socializing, learning, and aging well! Join us for our open house to learn more.

Wednesday, November 5

Melissa Bales Appointments

9 am; first floor of MariElders

Melissa will be here to meet with members to help you compare your Medicare options and make a choice that suits your needs. A scheduling sheet will be available at the front desk starting on October 20th

Thursday, November 6

Tech Talks: VoiceMail Messages

9:00 am; first floor of MariElders

Come learn how to edit your voice messages before you send them, or even cancel one before the recipient hears it!

Cost: Free

Tuesday, November 10

Book Club

10:30 am; first floor of MariElders

Come join the discussion on "*How to Solve Your Own Murder*" by Kristen Perrin! Those of you who attend our Halloween Party may have an edge!

Wednesday, November 12

Snacks & a Speaker w/Diane Shields

11:30 am; first floor of MariElders

Many of us will never forget watching the news clips after the assassination attempt against President Ronald Reagan on March 30, 1981. Diane will be here to share some unknown or long-forgotten details of this horrifying day, and the unsettling weeks that followed.

Cost: \$10.

Thursday, November 13

Armchair Travels: Germany

11:00 am; first floor of MariElders

We will be hearing from two of our own members about their personal experiences in Germany. Hilde will share her memories of living there as a child, and Diane Sabo will tell us about the Viking cruise she just returned from that included stops in several German cities! An authentic German snack will be served.

Cost: \$10.

You may sign up for these activities starting on Monday, October 20.
Spots are limited on some events so don't delay!

Thursday, November 13
(continued)

Stroke Prevention Seminar

1:30 pm; first floor of MariElders

Join TriHealth's Lisa Johnson to learn about stroke prevention, signs and how overall health can affect your stroke risk. **Cost:** Free

Friday, November 14

Members' Meeting

10:30 am; first floor of MariElders

Come hear our latest updates and provide input on our plans for 2026. We will also be voting for our open board positions.

Tuesday, November 18

Newsletter Packing Party

9:15 am; first floor of MariElders

Be the first to learn about our plans for November!



Bake Sale Baking Day

1:30 pm; lower level of MariElders

Join us in our downstairs kitchen as we whip up some cut-out cookies for our bake sale. Bring your favorite holiday cookie cutters! The bake sale will take place from 12-4pm on Saturday, Dec. 6, in tandem with the Scouts Tree Sale.

Thursday, November 20

MariElders Thanksgiving Party sponsored by Home Instead

12:00 pm; Fairfax Rec Center

Come gobble, gobble, gobble at our annual Thanksgiving party, which will include a gratitude board and a turkey trot dance lesson! Sign up sheets to bring a side dish or dessert will be available at the front desk starting November 10th.

Cost: \$10

Friday, November 21

Miracle at the Overlook Lodge 5:00 pm; MariElders

Step into this magical holiday wonderland for an hour and enjoy a welcome shot and two festive holiday cocktails. It's a truly enchanting environment to kick off the holiday season! **Cost:** \$45

Thu, Nov 27-- Fri, Nov 28

Closed for Thanksgiving break!





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Households at or below 175% of the federal income level (see chart) may receive a credit once per winter heating season towards their primary heating source—electric, natural gas, or bulk fuel.

Three ways to apply until May 31, 2026:

- Online at www.energyhelp.ohio.gov
- Appointment with your local Energy Assistance Provider/ community action agency
- Mail in an Energy Assistance application from www.energyhelp.ohio.gov

2025-2026 Income Guidelines		
Size of household*	12-Month Limit	30-Day Limit
	175%	175%
1	\$27,387.50	\$2,251.03
2	\$37,012.50	\$3,042.12
3	\$46,637.50	\$3,833.22
4	\$56,262.50	\$4,624.32
5	\$65,887.50	\$5,415.12
* For families/households with more than 5 members, please contact your local Energy Assistance Provider.		

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www.occ.ohio.gov/utilityassistance



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