

AUGUST 2026



The MariElders

6923 Madisonville Rd Cincinnati OH 45227

513-271-5588

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marielders.org

August 2026

MariElders Board Members

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Erin Rothfuss,
Executive Director
Lynn Beirl,
Activities Coordinator
JD Dorger, Bob Schutte
Transportation
Coordinator

From the Director's Desk

Community is at the heart of everything we do at MariElders. We are grateful for the friendships, partnerships, volunteers, supporters, and neighbors who work together to create a welcoming place where older adults can thrive. Every shared smile, helping hand, and act of generosity strengthens our mission and reminds us that we accomplish more together than we ever could alone. By celebrating one another's contributions and supporting meaningful connections, we enrich lives every day. Thank you for being an important part of the MariElders community and for helping us build a place where everyone feels valued, engaged, and inspired. Together, we truly Stay vibrant be engaged: Connect with MariElders.¹

Thank you for your generosity!

Johnetta Nelson	Mary McMannes
Linda Fulton	Kelly Pharmer
Sandra Garland	Barbara Mc Mahon
Annette Lucker	Barbara Smith
Elaine Annan	Claire Tully
Ann Hawk	Diane Sabo
Barb Hampton	

In Loving Memory

Russ Mc Murray
Sally Coffman



Men's Lunch
A group of fine
young men meet
for lunch one
Thursday each
month.

Interested?
call Ralph
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Interested in senior living or **care options?**

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Equipment Corner

Did you know? MariElders has an equipment corner that the community can access.

Canes, walkers, raised commodes, wheelchairs, grab bars, and knee scooters are all available for rental. Save a few dollars and the environment at the same time!

Donate to our Jewelry Sale

The Kiwanis Art and Craft Market returns this year and MariElders will be back with our famed jewelry sale. This is successful through community donations and the hard work of our volunteers coordinated by Rita Zimmerman.



August Birthdays

Ann Hawk	Aug 4	Hal Schmithorst	Aug 11	Pam Nelson	Aug 19
Julie Northrop	Aug 6	Giselle Wolfe	Aug 11	Janet Kalas	Aug 20
Nancy Boyles	Aug 7	Jane Allan	Aug 12	Avis Geygan	Aug 22
Diana Bramble	Aug 7	Patricia Basi	Aug 14	Betty Jo Yeary	Aug 25
Donna Wilhelm	Aug 8	Robert Hinytzke	Aug 16	Leonard Dale	Aug 27
Judy Lindner	Aug 9	Sue Mullan	Aug 17	Charles Short	Aug 27
Robert Vautrain	Aug 9	Mary Lou Garner	Aug 17	Barb Hinytzke	Aug 29
Sam Duran	Aug 9	Nina Iredale	Aug 18	Carl Falstrom	Aug 30
Becky Jones	Aug 10	Pat Russell	Aug 18		



Cheryl Jeffers | Senior Care Advocate

P: 513-712.4849 | C: 513-448.6590 | F: 513-436.1498

E: cheryl.j@amadaseniorcare.com | Web: www.AmadaCincinnati.com



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Mondays

Balance and Strength w/Diane*11:00am; lower level of MariElders**

Improve your agility and reduce your risk of falls in these fabulous classes with our world-renowned instructor, Diane Sabo! Handheld weights and balls will be used to supplement a variety of exercises that target your leg, core, and upper body muscles. As with all our fitness classes, the first class is always free. **Cost:** \$5 per class

No Balance & Strength on August 17, 19**Duplicate Bridge****12:30pm; lower level of MariElders**

If you are interested in playing Duplicate Bridge, please contact Monica Walker at (434) 282-4963 or email her at: andoverconsultants@gmail.com.

Canasta**1pm; first floor of MariElders**

Join an energetic group of members for a fun, entertaining game of Canasta!

**Melissa M. Bales****Providing Insurance Products for Seniors****513-733-9090 (office)****513-733-0130 (fax)****email: melissa@balesins.com**

Tuesdays

Chair Yoga with Helene**12pm; lower level of MariElders**

This class, led by certified instructor Helene Everhart, is open for all abilities.

Cost: \$5 per class; first class is free.**Mah Jongg****1pm; first floor of MariElders**

If you're interested in playing or learning this fun, ancient game of strategy, contact Kelly Pharmed at (513) 831-7309. Call ahead of time to schedule lessons.

British Murder Mystery**1:30 pm; lower level of MariElders**

Come improve your sleuthing skills while you watch a murder mystery!

Concerned
about your
Balance?
Strength?
Independence?

We can improve your
mobility in only
20 minutes 2x week

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FREE

Wednesdays

Chair Volleyball

**10am; RG Cribbet Recreation Center
5903 Hawthorne Ave., Fairfax, OH
45227**

Chair Volleyball is the best kind of physical activity--competition with lots of laughs! It is played similarly to volleyball, with the differences being that the game is played with a beach ball on a smaller court, and you only need to get out of your chair to chase down stray balls!

*Balance and Strength

11:30am; lower level of MariElders

Improving our balance is an important tool in helping prevent falls. Rest assured that this class is not a biology lab! It is an energizing workout that manages to combine exercise and laughter. **Cost: \$5**

***No Balance & Strength on Aug 19.**

Mexican Train Dominoes

1pm; first floor of MariElders

The object is for a player to play all the tiles from their hand onto "trains" emanating from a central hub or "station".

Hand and Foot

1pm; first floor of MariElders

This version of Canasta is fun to learn! Join members on Wednesdays and we can teach you. Charlene and Elinore coordinate this group, so ask for them if you need to learn.

Wednesday Movies

August 5: Mulholland Drive

1:00pm; lower level of MariElders

The limo a woman is riding in LA is hit by another car just before a would-be shooter who is targeting her can pull the trigger. The woman stumbles away from the accident and meets up with a plucky ingenue new to L.A. But are things really as they seem?

This movie runs for 145 minutes.

August 12: Eternal Sunshine of the Spotless Mind

1:00 pm; lower level of MariElders

Joel's girlfriend has had their relationship erased from her mind through an experimental scientific procedure. He decides to get the same treatment, but then realizes how much he still loves her and attempts to reverse the process.

This movie runs for 108 minutes.

August 19: Gone Girl

1:00pm; lower level of MariElders

Nick Dunne reports that his wife, Amy, has gone missing. But his portrait of a blissful union starts to crumble and everyone wonders if Nick killed his wife.

This movie runs for 149 minutes.

August 26: 12 Years a Slave

1:00pm; lower level of MariElders

A black man was born free in New York, but in 1841 was kidnapped and sold into slavery. Twelve years later, a Canadian helps him regain his freedom.

This movie runs for 134 minutes.

Thursdays

Bingo**10am; lower level of MariElders**

This energetic game is led by our very own Kent State Broadcasting legend Linda Swensson. Don't forget to bring your quarters!

Chair Yoga with Helene*12pm; lower level of MariElders**

Practicing chair yoga twice a week for 30 to 45 minutes is highly recommended to improve flexibility, balance, and core strength while reducing joint pain and fatigue.

Cost: \$5 per class***NOTE: No Chair Yoga on Aug 27.*****Five Crowns****1:00pm; first floor of MariElders**

In this card game, similar to rummy, players try to get the lowest score after 11 rounds.

***NOTE: No 5 Crowns on Aug 27.**

Fridays

Party Bridge**12 pm; first floor of MariElders**

If you enjoy Bridge and just want to play for fun, please contact Barb Hampton at (513) 403-3110.

Competitive Bridge**12:30pm; MariElders**

If you enjoy Bridge and take it a bit more seriously, please contact Barb Smith at (513) 546-6015.

Lunch Out**Fridays at 1pm**

Join members as we sample some newer restaurants and visit old favorites! Unless otherwise indicated on the monthly calendar, we leave MariElders at 12:30 pm. Please sign up by the Wednesday before each lunch so we have time to finalize our reservations and plan transportation.

August 7: Cozy's Cafe (Liberty Twp.)

August 14: Cincinnati Lager House (downtown)

August 21: Coach House (Hamilton)

August 28: Ruth's Parkside Cafe (Northside)



August is National Dog Month, so bring in a picture of your own dog, or a photo of your favorite pup at a relative's or neighbor's!

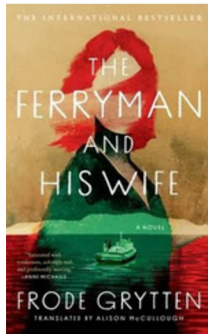
You may sign up for these activities starting on Monday, July 20.
Spots are limited for some events so don't delay!

Tuesday, August 4

Book Club

10:00 am; first level of MariElder

This month, Mandy Beecroft will lead the discussion on *The Ferryman and His Wife* by Frode Grytten, which was selected as one of NPR's "Books We Love" in 2025.



Thursday, August 6

Tech Talks: Online Security

9:00 am; first floor of MariElders

Learn about some of the risky scams that often target seniors, and how to protect yourself from them.

Tuesday, August 11

Tiki Pontoon Boat Ride

10:30 am; Ohio River

Set sail with us on a pontoon boat, taking in stunning skyline views from the Ohio River! It's a tropical escape right in the heart of the city--an experience you'll never forget!

Cost: \$32. BYO food & drinks.



Wednesday, August 12

Snacks and a Speaker

Sponsored by

Senior Care Partners
Local Senior Care Advisors

11:30 am; first floor of MariElders

Diane Shields will be here to tell us about the impactful and fascinating life and accomplishments of President Franklin Delano Roosevelt, better known as FDR. **Cost: \$10**

Senior Care Partners
Local Senior Care Advisors

Are you looking for the right care for your aging parent or loved one?

If you are trying to determine the next level of care, call today for a free, honest assessment.



Linda Shaw

513.478.9207

L.Shaw@myseniorcarepartners.com

You may sign up for these activities starting on Monday, July 20.

Spots are limited on some events so don't delay!

Friday, August 14

Members' Meeting

10:30 am; first floor of MariElders

Join us to provide input on our plans for the rest of 2026.

Monday, August 17

Pyramid Hill Sculpture Park

11:00 am; Hamilton Limit 6

Experience over 60 monumental sculptures nestled into 470 acres of beautiful park grounds, gardens, overlooks, and hiking trails, plus the iconic Pyramid House with antiquities and the Gallery Museum with rotating contemporary exhibitions.

Leaving MariElders at 10:15 am.

Cost: \$15



Tuesday, August 18

Newsletter Packing Party

9:15 am; first floor of MariElders

Be one of the first to see our final plans for September while preparing our next newsletter for distribution.

Thursday, August 20

Armchair Travels: Uzbekistan

11:30 am; lower level of MariElders

We will get a true taste of Uzbekian by enjoying lunch out at the authentic *Uzbekistan Restaurant & Café* in Blue Ash.

Leaving MariElders at 11:00 am.

Cost: lunch + transportation

Friday, August 27

Mariemont Appreciation Picnic

12:00 pm; MariElders

Help us show the village firefighters, police and administration how much we appreciate their support year after year!

Cost: \$10

Monday, August 31

Quarterly Walk & Lunch Out

1:00 pm; Fernbank Park & Cabana on the River

Join us for an enjoyable walk in Fernbank Park, then lunch overlooking the water at *Cabana on the River*, a popular, open-air tropical-themed restaurant and bar that features a broad menu, a full tiki bar, and a sand volleyball court!

Cost: lunch + transportation

Summer Energy Assistance Program

The Ohio Department of Development and The MariElders are once again offering assistance to help Ohio's families stay cool during the hot summer months.

From July 1 through Sept. 30, income-eligible Ohioans can receive assistance in paying their electric bill, purchasing an air conditioner or fan, or making repairs to their central air conditioning unit through the Ohio Department of Development's Home Energy Assistance Summer Crisis Program.

The Summer Crisis Program assists low-income households or those that have a disconnection notice, have been shut off, are trying to establish new service on their electric bill, require air conditioning, or those with an elderly household member (60 years or older) who can provide physician documentation that cooling assistance is needed for their health. Qualifying medical conditions can include lung disease, and others.

To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to seven members, and 60 percent of the State Median Income for a family of eight or more members. For a family of four, the annual income must be at or below \$54,600.

To apply for the program, clients are required to schedule an appointment with Community Action Agency. Appointments can be scheduled by calling (513) 569-1840.

Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may also be eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the Summer Crisis Program, and what is needed to apply, older Ohioans may contact Erin Rothfuss at (513) 271-5588. To be connected to your local Energy Assistance Provider visit www.energyhelp.ohio.gov or call (800) 282-0880.

MariElders contact:

Erin Rothfuss, marielders@yahoo.com

The views expressed herein do not necessarily represent those of
H.G., H.F. & Louise Tuechter Dornette Foundation,
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