



The MariElders

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April 2026

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From the Director's Desk

MariElders is opening its doors to the community with our Open House Week, April 13-17 inviting residents to stop by, explore the center, and see everything it has to offer.

Throughout the week, visitors are welcome to drop in anytime between 9 a.m. and 4 p.m. to tour the center, meet staff and members, and experience the programs that make MariElders a vibrant gathering place for adults 55 and better. Guests will have the opportunity to learn and participate in activities such as fitness classes, board games, and educational programs, designed for active, connected, and engaged adults.

Greater Cincinnatians are encouraged to participate in activities during their visit and discover how the center supports friendship, transportation and lifelong learning.

Whether you're looking for new opportunities, hoping to meet new friends, or simply curious about what MariElders offers, the Open House is a perfect time to visit.

Thank you for your
generosity!



Ralph Blasi
Russ McMurray
Deb Pitcairn

Open House Week

Invite a friend and check out a new
program during Open House Week
April 13-17!

All who join will be entered into a raffle to
win a Springtime in Mariemont basket.

Interested in senior living or **care options?**

Managing the challenges of aging can be an overwhelming process. Oasis Senior Advisors offers a **FREE** service to help seniors and their families navigate their options for optimal care and independence.

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Online Auction

Our annual online auction is on
the horizon! Starting after
April 19, we'll be accepting
donations of items and
experiences—help us build an
exciting lineup and make this
year's event our best yet!

Coming April 9th
Outside MariElders
Call 513-584-7465 to schedule

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April Birthdays



Diana Stuckeu	Apr 2	Karen Hulefeld	Apr 8
Elinore Weidman	Apr 2	Kathy Bailey	Apr 12
Kathy Ruwe	Apr 2	Carol Caulkins	Apr 17
Thomas Woerner	Apr 3	Dick Neff	Apr 18
Johnetta Dixon	Apr 4	Mike Spacarrelli	Apr 24
Sue Roberts	Apr 5	Hilde Tomblin	Apr 24
Theresa Greenwood	Apr 5	Lynda Wittman	Apr 24



Cheryl Jeffers | Senior Care Advocate

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Mondays

Balance and Strength w/Diane**11:00am; lower level of MariElders**

Improve your agility and reduce your risk of falls in these fabulous classes with our world-renowned instructor, Diane Sabo! Handheld weights and balls will be used to supplement a variety of exercises that target your leg, core, and upper body muscles. As with all our fitness classes, the first class is always free.

Cost: \$5 per class**Duplicate Bridge****12:30pm; lower level of MariElders**

If you are interested in playing Duplicate Bridge, please contact Monica Walker at (434) 282-4963 or email her at: andoverconsultants@gmail.com.

Canasta**1pm; first floor of MariElders**

If you are interested in playing Canasta but don't remember how or would like to learn, the group would be happy to share their experience and expertise!



Tuesdays

Chair Yoga with Helene**12pm; lower level of MariElders**

This class, led by certified instructor Helene Everhart, is open for all abilities.

Cost: \$5 per class; first class is free.**Mah Jongg****1pm; first floor of MariElders**

If you're interested in playing or learning this fun, ancient game of strategy, contact Kelly Pharmed at (513) 831-7309. Call ahead of time to schedule lessons.

British Murder Mystery**1:30 pm; lower level of MariElders**

Come improve your sleuthing skills while you watch a murder mystery!

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about your
Balance?
Strength?
Independence?

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mobility in only
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FREE

 A small photograph at the bottom of the advertisement shows an older man in a green shirt and a woman in a purple shirt walking together outdoors. They are both smiling and appear to be in good health and active.

Wednesdays

Chair Volleyball

**10am; RG Cribbet Recreation Center
5903 Hawthorne Ave., Fairfax, OH 45227**

Chair Volleyball is the best kind of physical activity--competition with lots of laughs! It is played similarly to volleyball, with the differences being that the game is played with a beach ball on a smaller court, and you only need to get out of your chair to chase down stray balls!

*Balance and Strength with Diane 11:30am; lower level of MariElders

Improving our balance is an important tool in helping prevent falls. Rest assured that this class is not a biology lab! It is an energizing workout that manages to combine exercise and laughter.

Cost: \$5 per class

*Mexican Train Dominoes 1pm; first floor of MariElders

The object is for a player to play all the tiles from their hand onto "trains" emanating from a central hub or "station".

*Hand and Foot 1pm; first floor of MariElders

This version of Canasta is fun to learn! Join members on Wednesdays and we can teach you. Charlene and Elinore coordinate this group, so ask for them if you need to learn.

***There will be no Balance & Strength, Dominoes, Hand & Foot, or movie on April 1 due to the Easter party. And no Balance & Strength on April 29.**

Wednesday Movies

April 8: The Great Escape

1:00pm; lower level of MariElders

This classic action-adventure film is based on a true World War II story about Allied prisoners of war plotting a massive escape from a high-security German camp.

April 15: King Solomon's Mines 12pm; lower level of MariElders

This classic adventure film follows a rugged safari guide as he leads an Englishwoman and her brother through uncharted African territory to find her missing husband, who was searching for the fabled, diamond-rich mines.

April 22: The Natural

1:00pm; lower level of MariElders

This drama stars Robert Redford as Roy Hobbs, an unknown baseball prodigy with natural talent. After a shooting derails his career as a young man, the 35-year-old rookie returns to lead the struggling New York Knights to redemption.

April 29: Philomena

1:00pm; lower level of MariElders

This drama is based on the true story of an Irish woman who teams up with a cynical journalist to find the son forced from her long ago by Catholic nuns. The film follows their emotional journey to America to uncover the truth.

***There will be no movie on 4/1. 5**

Thursdays

Bingo**10am; lower level of MariElders**

This energetic game is led by our very own Kent State Broadcasting legend Linda Swensson. Don't forget to bring your quarters!

Chair Yoga with Helene**12pm; lower level of MariElders****Cost:** \$5 per class**Five Crowns****1:00pm; first floor of MariElders**

In this card game, similar to rummy, players try to get the lowest score after 11 rounds.

MariArtists: Spark Creativity**1:00pm; lower level of MariElders**

Discover your creativity in our group art class, exploring a fresh technique each week while connecting, creating, and growing alongside fellow artists of all levels. Check out the weekly newsletter to pick up the information to participate fully.

Fridays

Party Bridge**12 pm; first floor of MariElders**

If you enjoy Bridge and just want to play for fun, please contact Barb Hampton at (513) 403-3110.

Competitive Bridge**12:30pm; MariElders**

If you enjoy Bridge and take it a bit more seriously, please contact Barb Smith at (513) 546-6015.

Lunch Bunch**Fridays at 1pm**

Join members as we sample some newer restaurants and visit old favorites! Unless otherwise indicated on the monthly calendar, we leave MariElders at 12:30 pm. Please sign up by the Wednesday before each lunch so we have time to finalize our reservations and plan transportation.

April 3: Texas Roadhouse (Milford)
 April 10: Wayfarer Tavern (Dayton, KY)
 April 17: Local Post (East End)
 April 24: Livery (Montgomery)



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You may sign up for these activities starting on Monday, March 23.
Spots are limited for some events so don't delay!

Wednesday, April 1

Easter Party

12:00 pm; first floor of MariElders

Join MariElders for our annual Easter Celebration. Celebrate spring and renewal with each other.

Cost: \$10

Thursday, April 2

Tech Talks: Facebook

9:00 am; first floor of MariElders

Most of us have heard about Facebook, even if we have never used it. Others know enough about it to log in and read other people's posts, and maybe even post an occasional update of our own. But do you know you can post updates that only certain Friends can see? Or how to organize your photos so a specific photo is easier to find? Come learn a few Facebook tricks.

Tuesday, April 7

Book Club

10:00 am; first floor of MariElders

Join the discussion with Mandi Beecroft on John Green's nonfiction book, *Everything Is Tuberculosis*.

Cocktails & Line Dancing Lessons

5:00 pm; Lori's Roadhouse

Join us for a fun evening of line dancing lessons and cocktails! Leaving MariElders at 4:30 pm.

Wednesday, April 8

Snacks & a Speaker

11:30 am; first floor of MariElders

Diane Shields will educate us on the accomplishments of John Ruthven, one of the most celebrated wildlife artists in history. He worked at various locations in the Cincinnati area, including the John Ruthven Studio & Gallery in Milford. His home and personal studio were in Mariemont!

Cost: \$15

Thursday, April 9

UC Mobile Mammography

12:30-3:00 pm; Outside MariElders

Call 513-584-7465 to schedule an appointment.

Friday, April 10

Members' Meeting

10:30 am; first floor of MariElders

Summertime will be here before we know it! Join us to hear updates and to provide input and ideas for upcoming activities and outings.

Open House Week

Tuesday, April 14

Newsletter Packing Party

9:15 am; first floor of MariElders

Help us sort, stuff and stamp our newsletters while being one of the first to see what is planned for the month of May.

You may sign up for these activities starting on Monday, March 23.

Spots are limited on some events so don't delay!

Open House Week

Thursday, April 16

Armchair Travels--England

11:00 am; first floor of MariElders

Frances Stafford and Susan Zando will be here to share and inform us on their experiences living and traveling in England! Enjoy English tea as you listen!

Cost: \$3

Friday, April 17

Your Voice, Your Choice

11:00 am; first floor of MariElders

Navigating Advanced Directives. Join Erin to learn about how to make your wishes known.

Tuesday, April 21

Peyton Randolph, Colonial Patriot

10:30 am; first floor of MariElder

Author Mark Wellinghoff will be here to share the story from his book, *Peyton Randolph: Colonial Patriot*. Randolph was a prominent, dedicated public servant during a critical time in our nation's history. His skills of persuasion and influencing other Founding Fathers aided in Key decisions involving the verbal fight with the King of England and Parliament.

Cost: \$7

Thursday, April 23

Keeneland Spring Meet

11:00 am; leaving here at 9:15 am

We have 6 tickets to the Keeneland Spring Meet! We have a block of assigned seats in the undercover grandstand, with a good view of the finish line. We expect to be back here by 8:00 pm.

Register by April 16th.

Cost: \$23 + food + betting

Tuesday, April 28

Quarterly Birthday Party

10:00 am; first floor of MariElders

Come help us celebrate our April, May, and June birthdays! Great company, relaxing music and a breakfast snack will be provided.

Wednesday, April 29

Verse Cincy Immersive Experience

1:30 pm; leaving MariElders at 12:30

In this holographic theater in West Chester, we will experience two augmented reality shows: *The Unreal Garden* and *Everworld*.

Cost: \$48

Thursday, April 30

Growing Up in Sin City

11:00 am; first floor of MariElders

Donna Marquardt will enthrall us with her memories of growing up around Newport gangsters and gamblers!



Heating Assistance Available
Application Deadline: May 31, 2026



The Ohio Department of Development and MariElders want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer’s utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual’s energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact Erin (513) 271-5588.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

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