



The MariElders

6923 Madisonville Rd Cincinnati OH 45227

513-271-5588

marielders@yahoo.com

marielders.org

November

2026

MariElders Board Members

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Executive Director
Aimee Anderson,
Activities Coordinator
Bob Schutte, John Graham
Transportation
Coordinators

From the Director's Desk

For 49 years, MariElders has been bringing people together, creating connections, and enriching the lives of adults 55 and better. As we celebrate this milestone, we're reflecting with gratitude on the members, volunteers, donors, and community partners who have helped make MariElders what it is today.

An anniversary isn't just about looking back—it's about looking forward. With our 50th anniversary just one year away, we're building a strong future for MariElders and the generations of older adults who will benefit from it.

Please consider making a gift to help keep MariElders thriving for years to come.

Celebrate 49 years with us, and help make the next 49 even better!

Thank you for your
generosity!



Barb Keifer
Patricia van Stone
Deb Pitacairn
Sandra Garland

Elinore Weidman
Judith Smalley
Harry Budke

Thanks to the generosity of members and the Cincinnati Foundation for the Aged, MariElders has raised much of the money to replace our roof.

We are continuing to raise the roof and are in need of \$6700 to keep ourselves dry.



Interested in **Senior Living**
or **Care Options?**

Managing the challenges of aging can be an overwhelming process. Oasis Senior Advisors offers a FREE service to help seniors and their families navigate their options for optimal care and independence.

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Shades of Ireland



About This Tour

October 1, 2027

Duration:

10 days

Meals:

13

Experience Ireland's charms on a journey through the Emerald Isle. A vibrant blend of captivating culture and stunning scenery, these are the shades of Ireland you've always imagined.

Essential Experiences

- Overnight on the grounds of a stately castle.
- Journey along the Ring of Kerry, one of the great coastal roads.
- Travel back in time during a jaunting car ride through Killarney.
- See Irish sheepdogs in action during a traditional demonstration.

NOVEMBER Birthdays

Danny Patton	Nov 2	Ken White	Nov 14	Marilyn Mendez	Nov 22
Barb Smith	Nov 3	Jackie DeWitt	Nov 15	Robert Lowery	Nov 22
Donna Maupin	Nov 7	Dee Crabb	Nov 18	Barb Kiefer	Nov 23
Erin Rothfuss	Nov 8	Lisa Smith	Nov 18	Karen Hjelm	Nov 23
Manda Dhuru	Nov 10	Hallie Higgins	Nov 18	Judy Shoop	Nov 23
Lisa Larkin	Nov 11	Jeff Bischoff	Nov 18	Arlene Gambill	Nov 27
Janis Mackey	Nov 12	Ellen De Young	Nov 18	Van Clay	Nov 29
Thale Hereschede	Nov 13	Pat Auer	Nov 19	Niru Shah	Nov 29
		Mary McMannes	Nov 21		

Are you looking for the right care for your aging parent or loved one?

If you are trying to determine the next level of care, call today for a free, honest assessment.



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Linda Shaw

513.478.9207

L.Shaw@myseniorcarepartners.com



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Mondays

Balance and Strength w/Diane**11:00am; lower level of MariElders**

Improve your agility and reduce your risk of falls in these fabulous classes with our world-renowned instructor, Diane Sabo! Handheld weights and balls will be used to supplement a variety of exercises that target your leg, core, and upper body muscles. As with all our fitness classes, the first class is always free. **Cost:** \$5 per class

Duplicate Bridge**12:30pm; lower level of MariElders**

If you are interested in playing Duplicate Bridge, please contact Monica Walker at (434) 282-4963 or email her at: andoverconsultants@gmail.com.

Canasta**1pm; first floor of MariElders**

Join an energetic group of members for a fun, entertaining game of Canasta!

Concerned
about your
Balance?
Strength?
Independence?

We can improve your
mobility in only
20 minutes 2x week

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Try it
FREE

Tuesdays

Euchre Lessons**10:00 am; first floor of MariElders**

We're learning how to play Euchre from the beginning. If you've always wanted to play, and want to learn, stop by this month.

No lesson Nov 3*Chair Yoga with Helene****12pm; lower level of MariElders**

This class, led by certified instructor Helene Everhart, is open for all abilities.

Cost: \$5 per class; first class is free.**Mah Jongg****1pm; first floor of MariElders**

If you're interested in playing or learning this fun, ancient game of strategy, contact Kelly Pharmer at (513) 831-7309. Call ahead of time to schedule lessons.

British Murder Mystery

1:30 pm; lower level of MariElders Come improve your sleuthing skills while you watch a murder mystery! We're watching Death in Paradise this month. You can watch each episode independently.



Wednesdays

Chair Volleyball

**10am; RG Cribbet Recreation Center
5903 Hawthorne Ave., Fairfax, OH**

Chair Volleyball is the best kind of physical activity--competition with lots of laughs! It is played similarly to volleyball, with the differences being that the game is played with a beach ball on a smaller court, and you only need to get out of your chair to chase down stray balls!

Balance and Strength

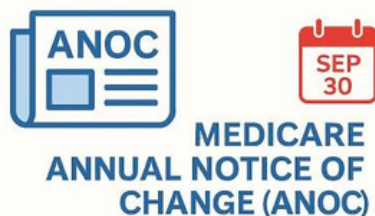
11:30am; lower level of MariElders

Improving our balance is an important tool in helping prevent falls. Rest assured that this class is not a biology lab! It is an energizing workout that manages to combine exercise and laughter. **Cost: \$5**

Hand and Foot

1pm; first floor of MariElders

This version of Canasta is fun to learn! Join members on Wednesdays and we can teach you. Charlene and Elinore coordinate this group, so ask for them if you need to learn.



What is it?

Every year, your Medicare Advantage or Prescription Drug Plan must send you an Annual Notice of Change (ANOC). This arrives by September 30th.

Why is it important?

- ✓ Monthly premiums (your monthly cost)
- ✓ Deductibles, copays, and coinsurance
- ✓ Prescription drug coverage (formulary)
- ✓ Doctors, hospitals, and other providers in the network
- ✓ Added or reduced extra benefits (dental, vision, hearing, etc.)

Wednesday Movies

November 4: *The Big Chill*

Longtime college friends reunite for a weekend filled with memories, laughter, and a look at where life has taken them. Funny, heartfelt, and featuring an unforgettable 60's soundtrack, *The Big Chill* is a warm celebration of friendship.

This movie runs 105 minutes

November 11: *Grumpy Old Men*

Two lifelong neighbors turn their decades-old rivalry up a notch when a charming new woman moves in next door. This is a funny, heartwarming comedy about friendship, romance, and growing older with plenty of laughs.

This movie runs for 103 minutes

November 18: *Planes, Trains, and Automobiles*

A stressed-out traveler just wants to get home for Thanksgiving, but one hilarious mishap after another and an over friendly traveling companion, turns his journey into an unforgettable adventure

This movie runs for 93 minutes.

November 25: *Home For The Holiday*

A woman heads home for Thanksgiving and finds herself right back in the middle of her wonderfully unpredictable family. Funny, warm and relatable, this movie proves family gatherings rarely go according to plan.

This movie runs for 103 minutes.

Thursdays

Bingo**10am; lower level of MariElders**

This energetic game is led by our very own Kent State Broadcasting legend Linda Swensson. Don't forget to bring your quarters!

No Bingo Nov 19, 26**Chair Yoga with Helene****12pm; lower level of MariElders**

Practicing chair yoga twice a week for 30 to 45 minutes is highly recommended to improve flexibility, balance, and core strength while reducing joint pain and fatigue.

Cost: \$5 per class**Yoga is at 10 am Nov 19****No yoga Nov 26****Five Crowns****1:00pm; first floor of MariElders**

In this card game, similar to rummy, players try to get the lowest score after 11 rounds.

No Five Crowns Nov 19, 26

Fridays

Party Bridge**12 pm; first floor of MariElders**

If you enjoy Bridge and just want to play for fun, please contact Barb Hampton at (513) 403-3110. **No bridge Nov 27**

Competitive Bridge**12:30pm; MariElders**

If you enjoy Bridge and take it a bit more seriously, please contact Barb Smith at (513) 546-6015.

No bridge Nov 27**Lunch Out****Fridays at 1pm**

Join us as we try newer restaurants and visit old favorites! Unless otherwise indicated on the monthly calendar, we leave MariElders at 12:30 pm. Please **sign up by the Wednesday before each lunch.**

November 6: Dilly Bistro

November 13: Greyhound

November 20: Silver Springs



You may sign up for these activities starting on Thursday, November 19
Spots are limited for some events so don't delay!

Tuesday, November 3

Book Club

10:00 am: first level of MariElder

This month, Mandy Beecroft will lead the discussion on the book *The Only Woman In the Room*. This historical novel is about Hollywood star Hedy Lamarr, whose brilliant mind and groundbreaking inventions were hidden behind her glamorous image.

Wednesday, November 4

MEDICARE sign up help

NextGen Insurance, will be here to meet with anyone who would like to have their Medicare plan reviewed, at no cost to you. For those on Medicare with a supplement, many plans have increased significantly in price for next year. Please review your Plan Annual Notice of Change and if you have any questions, [please sign up for a time to discuss with NextGen at the front desk](#)

Friday, November 5

MariElders Homecoming Party to celebrate 49 year Anniversary

Dig out those dancing shoes- it's time to go back to homecoming, celebrating 49 years of MariElders. Join us for a fabulous 1950's & 60's Homecoming celebration filled with music, dancing, games, cold drinks and plenty of nostalgia. We'll even be crowning a Homecoming King and Queen!

[Sign up by Nov 3. COST: \\$5](#)

Friday, November 6

Holiday Market Outing

Leaving MariElders at 11:45 am

Kick off the holiday season with a festive day of shopping at the Sharonville Holiday Market! Browse unique gifts, decor, jewelry, and more as we get into the holiday spirit. and maybe check a few names off that shopping list! [Sign up by noon on Nov 4.](#)

Cost: transportation

Tuesday, November 10

Tour and lunch at Mariemont Care Center

11:00 Mariemont Care Center

We will take a guided tour of The Mariemont Care Center, followed by lunch. Leaving MariElders at 10:50 am. [Sign up by Nov 6.](#)

Cost: transportation



You may sign up for these activities starting on Thursday, November 19
Spots are limited on some events so don't delay!

Wednesday, November 11

**Snacks and a Speaker
with Diane Shields**

11:30 am: The art of Norman Rockwell.
Rockwell's art is known for its warm,
detailed, and often nostalgic portrayes
of everyday American life.

Cost: \$10



Friday November 13

Members' Meeting

10:30 am: first floor of MariElders

Join us to provide input on our plans
for the rest of 2026.

Friday, November 17

Newsletter Packing Party

9:15 am: first floor of MariElders

Be one of the first to see our final
plans for October while preparing
our next newsletter for distribution.

Thursday November 19

Thanksgiving Day Party

Gather around for Thanksgiving! Join
us at the farifax Rec Center for a
delicious Thanksgiving feast
featuring turkey, gravy, dressing and
potatoes. We invite members to
bring their favorite family side dish
or dessert to share. Just stop by the
front desk to add your name to the
sign-up sheet **Sign up by Nov 16.**

Cost \$10



Summer Energy Assistance Program

The Ohio Department of Development and The MariElders are once again offering assistance to help Ohio's families stay cool during the hot summer months.

From July 1 through Sept. 30, income-eligible Ohioans can receive assistance in paying their electric bill, purchasing an air conditioner or fan, or making repairs to their central air conditioning unit through the Ohio Department of Development's Home Energy Assistance Summer Crisis Program.

The Summer Crisis Program assists low-income households or those that have a disconnection notice, have been shut off, are trying to establish new service on their electric bill, require air conditioning, or those with an elderly household member (60 years or older) who can provide physician documentation that cooling assistance is needed for their health. Qualifying medical conditions can include lung disease, and others.

To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to seven members, and 60 percent of the State Median Income for a family of eight or more members. For a family of four, the annual income must be at or below \$54,600.

To apply for the program, clients are required to schedule an appointment with Community Action Agency. Appointments can be scheduled by calling (513) 569-1840.

Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may also be eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the Summer Crisis Program, and what is needed to apply, older Ohioans may contact Erin Rothfuss at (513) 271-5588. To be connected to your local Energy Assistance Provider visit www.energyhelp.ohio.gov or call (800) 282-0880.

MariElders contact:

Erin Rothfuss, marielders@yahoo.com

The views expressed herein do not necessarily represent those of
H.G., H.F. & Louise Tuechter Dornette Foundation,
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